

ART & CRAFT

- AUG 7** **INTRO TO DRAWING** Tutor: Shana Carlan-Riddell
Tue, 7 Aug – 4 Sep 2.00-4.30pm [5 wks] \$135
Tue, 16 Oct – 13 Nov 5.30-8.00pm [5 wks] \$135
This course is designed to introduce participants to the art of seeing. A fun and easy class for the humble but eager art enthusiast, success guaranteed!
- AUG 7** **INTRO TO OIL PAINTING** Tutor: Shana Carlan-Riddell
Tue, 7 Aug – 4 Sep 5.30-8.00pm [5 wks] \$135
This course introduces participants to the wonders of the most forgiving and flexible painting medium.
- AUG 8** **HARAKEKE (FLAX) WEAVING**
Wed, 8 Aug-22 Aug, 9:30-12.30pm [3 wks] \$85
This workshop will cover flax harvesting, collection, preparation, and weaving. All materials supplied.
Tutor: Ana Lee Hemopo
- OCT 16** **INTRO TO WATERCOLOUR PAINTING**
Tue, 16 Oct –13 Nov, 2.00pm-4.30pm [5 wks] \$135
This is a fun class that will teach participants how to engage in and enjoy this wonderful transparent medium. Tutor: Shana Carlan-Riddell
- AUG 9** **WOODWORK FOR BEGINNERS** Tutor: Hamish Carr
Thu, 9 - 23 Aug, 6.00-8.00pm [3 wks] \$110
This is a great opportunity to learn essential wood-working skills in a supportive and friendly environment! No prior woodworking experience is required.
- SEP 10** **UPCYCLED FURNITURE** Tutor: Stephanie Harlan
Mon, 10 Sep-24 Sep, 9.30-11.30am [3 wks] \$95
Don't buy new furniture – upcycle, and customise it the way you want it. Learn how to create a footstool from a vintage wooden crate. Stephanie has oodles of skills and ideas to inspire you!
- SEP 1** **DRAWING FOR BEGINNERS**
Part I: Sat, 1 September, 9.00am-12.00pm [day1]
Part II: Sat, 22 September, 9.00am-12.00pm [day2]
A fun and easy class for the humble, but eager art enthusiast. 1 day \$50- both days \$90
Tutor: Shana Carlan-Riddell
- SEP 1** **ACRYLIC PAINTING** Tutor: Shana Carlan-Riddell
Part I: Sat, 1 September, 1pm – 4pm [day1]
Part II: Sat, 22 September, 1pm-4pm [day2]
This workshop will introduce students to painting in acrylics, using fun and achievable projects, and learn a range of techniques. 1 day \$50- both days \$90

HOME & GARDEN

- AUG 25** **BEGINNERS BEEKEEPING** Tutor: Gerrit Hyink
25 Aug, 26 Aug & 1 Sep 9am-1pm [3 days] \$85
Learn the basics to start beekeeping and manage bees. Course includes two theory days and one practical day.
- SEP 22** **GROWING GREENZ** Tutor: Jizzy Green
Sat, 22 Sep, 9.30am-12.30pm [1 day] \$20
Learn about the economic, environmental and health benefits of growing food at home. Jizzy has an urban property under intensive edible landscaping.
- OCT 13** **GOOD & GROUNDED** Katikati Herb Society
Sat, 13 Oct, 10.00am-4.00pm [1 day] \$15
Join the Katikati Herb Society for a day all about soil. During this day you will learn how to enrich soil with worms and seaweed.
- OCT 20** **YOUR SUSTAINABLE HOME** Tutor: Jizzy Green
Sat, 20 Oct, 9.30am-12.30pm [1 day] \$20
We can live lightly on the Earth and save money at the same time. Learn how to create a healthy home with a guided tour of Sustainable Living in Action.

PARENTING

- AUG 15** **INCREDIBLE YEARS**
Wed, 15 Aug-21 Nov, 6.00-7.30pm [14 wks] FREE
Parenting can be challenging at times and some support can make a big difference. Learn new ways for growing positive social skills in children and practice new ways to manage children's behaviour.
- OCT 11** **PREGNANCY AND PARENTING**
Thu, 11 Oct- 21 Nov, 6.30-8.30pm [6 wks] FREE
These classes help you to prepare for what you can expect during your pregnancy, labour and post birth. They are also an excellent way of meeting people new to parenting.

REGISTRATION

For more information or to register a course visit www.katikaticommunity.nz or call 07-5490399. Our centre office is open Monday to Friday from 8.30am to 4.30pm. Our address: 45 Beach Road, Katikati 3129

Courses & Workshops

July - December 2018



07 5490399

WWW.KATIKATICOMMUNITY.NZ

Katikati
Community Centre

EMPLOYMENT & COMPUTER SKILLS

- AUG** **EXCEL (BEGINNERS)** *Tutor: Kaye Robinson*
Mon, 6 Aug—27 Aug, 6.00-8.00pm [4 wks] \$ 25
 This introductory course covers all the basic features of Excel. Learn how to make and use spreadsheets to store and display data as well as how to perform basic calculations.
- 6**
- AUG** **DEVICE ADVICE** *Tutor: Jill Bentley*
Thu, 9 Aug- 30 Aug, 2.00-4.00 PM [4 wks] \$ 25
 Having trouble using your iPad or iPhone or simply don't know where to start. In this course we can teach you the basics.
- 9**
- AUG** **DEVICE ADVICE 1-ON-1** *(1/2 hour session)*
Thu, 9 Aug- 30 Aug, 1.30-3.30 PM \$ 5
 Having trouble using your device or do you need help to get started. We can teach you the basics at your own pace. Half hour sessions. Bookings essential.
- 9**
- SEP** **COMPUTER BASICS** *Tutor: Kaye Robinson*
Mon, 3 Sep—24 Sep, 6.00-8.00pm [4 wks] \$ 25
 If you're new to computers, this beginners computer course will get you started. Cutting through the clutter, we explain things simply.
- 3**
- OCT** **EXCEL (INTERMEDIATE)** *Tutor: Kaye Robinson*
Tue, 16 Oct—6 Nov, 6.00-8.00 PM [4 wks] \$ 25
 This course is for those familiar with the basic use of Excel 2010. It will cover using charts, functions, formulae and workbook development in Excel.
- 16**
- OCT** **INTERNET & THE CLOUD** *Tutor: Kaye Robinson*
Tue, 16 Oct—6 Nov, 1.30-3.30 PM [4 wks] \$ 25
 Learn how to use internet and email. Topics include: browse and search the Internet, Internet transactions and security, Social Networks, Google and Email.
- 16**
- WORKPLACE FIRST AID** *Meditrain BOP*
21 July, 23 July, 18 Aug, 20 Aug, 10 Sep, 15 Sep, 15 Oct, 27 Oct, 12 Nov, 17 Nov, 26 Nov
Full Course \$185—Refresher \$105
 All certificates are valid for two years and are NZQA and OSH approved. Register at www.firstaidtraining.co.nz or phone 07 544 3544.
- 11**
date

HEALTH & WELLBEING

- JUL** **GENERAL HATHA YOGA** *Tutor: Kim Jesney*
Mon, 5.30–7 pm *Tue, 9.30–11am *Fri, 9 -10.30am
 Enjoy an integration of flowing and held postures, awareness of breath and energy, meditation, and deep relaxation. Not during school holidays
 Casual \$14 * 5-weeks \$60 * 9-weeks \$100 -
- 23**
- AUG** **BEGINNERS MEDITATION** *Tutor: Suzzane Daly*
Wed, 8 Aug- 5 Sep 1.00-2.00pm [5 wks] \$85
 In this meditation course we will explore simple meditation techniques that you can do anywhere, and feel the real life benefits of a regular meditation practice. Feel better and reduce your stress and anxiety.
- 8**
- AUG** **YOGA FOR BEGINNERS** *Tutor: Suzzane Daly*
Thu, 9 Aug- 6 Sep, 1.00-2.00pm [5 wks] \$60
 This yoga course is perfect for beginners and for those looking for a slow and gentle class. Yoga can help improve and maintain active muscles, joints and organs, and keep your mind healthy.
- 9**
- OCT** **MEDITATION & MINDFULNESS** *Tutor: Suzzane Daly*
Wed, 24 Oct-21 Nov ,1.00-2.00pm [5 wks] \$85
 Relax, recharge and feel greater peace of mind. Bring more clarity, joy and awareness to your life with this insightful course. Feel better, reduce your stress, and enjoy life a little more.
- 24**
- JUL** **LBT WORKOUT** *Tutor: Jenna McCready*
Thu, 26 Jul - 23 Aug, 9.00-9.45am [5 wks] \$60
 Tone and strengthen your core muscles in this low intensity workout. This legs, bum & tum workout is easy to follow, low impact and suitable for almost everyone. Bring a mat.
- 26**
- OCT** **HERBAL MEDICINE** *Tutor: Jenny Ager-Pratt*
Sat, 27 Oct, 9.30am—2.00pm [1 day] \$50
 Learn to identify and use herbs for your health. Discover how to create teas and simple herbal remedies. Hands-on practical course by a skilled practitioner.
- 27**
- OCT** **SOAPS, CREAM & OINTMENT-Tutor:Jenny Ager-Pratt**
Sun, 28 Oct, 10.00am—3.00pm [1 day] \$85
 Create your own soaps, face or body creams and simple herbal ointments with an experienced medical herbalist. Jenny's classes have inspired people to create businesses from what they have learned!
- 28**

CULTURE & LANGUAGE

- AUG** **NZ SIGN LANGUAGE** *Tutor: Vikki Wright*
Beginners - Sat, 4 Aug – 22 Sep, 1.00–3.00pm \$35
Extension - Sat, 4 Aug – 22 Sep, 10am–12pm \$35
 The presenter of our NZSL courses is deaf and these popular courses are conducted using sign language. Develop your ability to communicate with deaf people in a range of familiar contexts. [8 wks]
- 4**
- AUG** **CHINESE BEGINNERS (MANDARIN)** *Tutor: Sabrina Lo*
Thu, 2 Aug- 23 Aug, 10.00am–12.00pm [4 wks] \$65
 Learn Chinese Mandarin with this conversation course taught by a Chinese tutor. This course is suitable for complete beginners.
- 2**
- TE REO MĀORI & TIKANGA** *Tutor: Hohepa Hamiora*
AUG **Thu, 9 Aug – 6 Sep, 6:00-8:30pm [5 wks]** \$35
Thu,18 Oct – 15 Nov, 9:30am-12pm [5 wks] \$35
 This course is an introduction to Te Ao Māori (the Māori world), its language, culture and traditions (Tikanga). The course is designed for those who are new to Te Reo Māori , or those with a little Te Reo.
- 9**
- AUG** **LET'S SPEAK ENGLISH CLASS** *Tutor: Kirsty Hodge*
Tue, 7 Aug - 25 Sep, 6.30-8.30pm \$2 per class
 A great class for those who like to speak Kiwi English more fluently. Suitable for beginners.
- 7**
- AUG** **INTERNATIONAL LADIES GROUP**
Wed, 8 Aug- 26 Sep, 9.30-11.30am **FREE**
 Are you new to New Zealand? Do you want to meet new friends? Join our conversation group.
- 8**
- AUG** **TE REO MĀORI** *Tutor: Kura Martin*
Beginners - Tue, 28 Aug—2 Oct, 5.30–7.30pm \$35
Extension - Tue, 28 Aug—2 Oct, 7.30–9.30pm \$35
 Haere Mai ki te ako Te Reo Maori. Gain knowledge about the unique Maori language. Topics include: introductions, greetings, cultural awareness and basic language structure. [6 wks]
- 28**

INFORMATION

Please note: All courses need a minimum number to go ahead. If a course is full, you can join the waiting list. If we get enough interest, we can sometimes set up an extra course. **Payment** Your space on a course is not confirmed until you receive a confirmation email. Courses need to be paid within 3 days after the confirmation has been sent.